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Member Spotlight: Sueyoung Oh

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What advice would you give to a Graduate student beginning their Ph.D. studies in Developmental Science or a related field?

One of the most valuable pieces of advice I can offer to first-year graduate students is to develop time management skills. With the demands of classes, TA responsibilities, and research, it is easy to become overwhelmed. Effective time management can help alleviate this pressure. There are numerous strategies for managing time, but I personally use an app that allows me to create task lists, set priorities, and establish deadlines.

What is your best SRCD memory?

One of the most cherished moments from my experience at SRCD was participating in the "chat with leaders" session during the 2023 SRCD conference. I had the pleasure of conversing with a mentor and fellow graduate students who are in a similar field as me. It was a valuable opportunity to connect with like-minded individuals who share similar interests and aspirations.

What are some of your hobbies?

I enjoy both cooking and hiking. Cooking gives me a sense of fulfillment, while hiking helps me relax and feel refreshed.

What publication or book would you say is a must read in the field (and why)?

I highly recommend reading "Prejudice, social stress, and mental health in lesbian, gay, and bisexual populations: Conceptual issues and research evidence" by Meyer (2003). This publication delves into the minority stress theory, providing a crucial framework for understanding why minoritized groups, including sexual minority individuals, can be more susceptible to mental health problems. If you are interested in gaining insights into the mental health challenges experienced by sexual minority individuals, this publication is an invaluable resource.

Why did you join the SOGIE Caucus and how does it facilitate connection among members all year long?

As someone interested in health disparities among sexual and gender minority individuals, I have recognized the importance of connecting with individuals who share similar interests. The SOGIE Caucus has been an invaluable resource for me, offering informative emails and organizing engaging events that contribute to professional development and community building. I am genuinely grateful for the support and knowledge I have gained through my involvement with the SOGIE Caucus.

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